What is claimed is:

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- 1. A sole structure for a cleated shoe comprising:
- an outsole formed of a hard material, said outsole being in the shape of a thin plate; and

a plurality of cleats provided on a bottom surface of said outsole;

wherein said outsole has a first and second
bulge each protruding downwardly toward the ground surface,
said first bulge located at a position that corresponds to
a thenar eminence of a foot of a shoe wearer, said second
bulge located at a position that corresponds to a hypothenar
eminence, said first and second bulge each having a sectional
shape that conforms to a shape of a forefoot portion of a
foot that has been flexed, and some of said cleats provided
on a convexly curved surface of said first and second bulges.

2. The sole structure for a cleated shoe according to claim 1, wherein said outsole further includes athird bulge protruding downwardly toward the ground surface, said third bulge located at a position that corresponds to a first distal phalanx of a foot of a shoe wearer, and some of said cleats are provided on a convexly curved surface of said third bulge.

3. The sole structure for a cleated shoe according to claim 2, wherein said outsole further includes a fourth bulge protruding downwardly toward the ground surface, said fourth bulge located at a region that corresponds to each phalangeal joint between each distal phalanx and each middle phalanx of a second to fifth toe of a foot of a shoe wearer, and some of said cleats are provided on a convexly curved surface of said fourth bulge.

. . . .

- 4. The sole structure for a cleated shoe according to claim 1, wherein said outsole has a flat, W-shaped cross section at said first and second bulges.
- 5. The sole structure for a cleated shoe
 according to any one of claims 1 to 4, wherein one of said
 cleats is located at a top centered position of a corresponding
 bulge.
- 6. The sole structure for a cleated shoe according to any one of claims 1 to 5, wherein said outsole further includes a midsole formed of a soft elastic material, said midsole disposed at least at a forefoot portion of the upper surface of said outsole.

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